



Inclusion Services

July 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Canada Day No Art Hive	2	3	4	5
6 ART HIVE 10:00-11:30 12:30-2:00 BAGEL CLUB Field Trip: Britannia Shipyards National Historic Site 12:30-4	7 COMMUNITY KITCHEN Cold Summer Pasta Salad with zucchini and tomato 4:30-6:30	8 ART HIVE 6:00-7:30	9	10	11	12
13 ART HIVE 10:00-11:30 12:30-2:00 2-4	14 COMMUNITY KITCHEN Garlic Sesame Tofu with broccoli and Jasmine rice 4:30-6:30	15 ART HIVE 6:00-7:30	16	17	18	19
20 Art Hive 10:00-11:30 12:30-2:00 BAGEL CLUB Chair Yoga 2-4	21 COMMUNITY KITCHEN Turkey wraps with sauteed corn and coleslaw 4:30-6:30	22 ART HIVE 6:00-7:30	23	24	25	26
27 ART HIVE 10:00-11:30 12:30-2:00	28 COMMUNITY KITCHEN BBQ 4:30-6:30	29 ART HIVE 6:00-7:30	30	31		