

LIMITED-TIME OFFER

PRIVATE TRAINING

WITH **ELLEN WONG**



Get a **55-minute** session
for the price of a
30-minute session!

A pack of **3** sessions

MEMBERS

\$147 ~~\$237~~

NON-MEMBERS

\$183 ~~\$297~~

**ONE PACKAGE
PER PERSON**

Valid for 60
days from
purchase.
Non-refundable

MEET
ELLEN

**Build strength. Move with confidence.
Stay active for life.**

With her calm, educational approach, Ellen works with **BEGINNERS AND PEOPLE LOOKING TO STAY ACTIVE AS THEY AGE**, helping them build strength, move with confidence, and develop sustainable fitness habits.

READY TO GET STARTED?

Spaces are limited!

Email personaltraining@jccgv.bc.ca
before purchasing to schedule your sessions.



Jewish Community Centre of Greater Vancouver
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